

Tips for Parents

Children imitate their parents...,
Be a positive role model!

Children need structure...
Set clear family rules and appropriate
Consequences for breaking them.

Initiate conversation...
Talk with your child about substance abuse
and other difficult issues.

Listen with an open mind...
Try not to panic if you hear things you don't
like; allow your child to be active in making
positive decisions.

Praise your child for good decisions and of-
fer encouragement and support.

Know where and whom your child is with at
all times.

Know your child's friends and be aware of
the influence they may have.

Know the parents of your child's friends and
be sure their household rules are consistent
with your expectations.

Encourage your child to be involved in
school and community activities to develop
a positive self-image and build character.

Don't be afraid to ask for help...



Resources

Childline : 1-800-932-0313

Help Line: Dial 211

Luzerne County Children & Youth : (570)
826-8710

Northeast Counseling : (570) 735-7590

Children's Service Center : (570) 825-
6425

Catholic Social Services : (570) 822-7118

Family Service Association : (570) 823-
5144

Wyoming Valley Alcohol & Drug Services :
(570)820-8888

Victims Resource Center ; (570) 823-0765

National Suicide Prevention Lifeline : 1-
800-273-TALK (8255)

Safe 2 Say (School Website)

Greater Nanticoke Area

Educational Center

600 E. Union St

Nanticoke, PA 18634

(570) 735-2770

www.gnasd.com

Greater Nanticoke Area
Educational Center

**Student
Assistance
Program**



What is SAP...

In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience “barriers to learning”. Thus, the Student Assistance Program has been established to identify, intervene and refer students with observable behaviors that impede the educational process. Our team is comprised of educators, counselors, administrators, and representatives from local community agencies who meet on a bi-weekly basis to identify roadblocks and help students get past them.



Behaviors to look for...

- Sudden drop in grades
- Short attention span
- Increase in absenteeism
- Frequent visits to the school nurse
- Change in physical appearance
- Experimenting with drugs or alcohol
- Defiance of rules
- Change in friends



- Isolation
- Thoughts of suicide
- Depression
- Illegal activity
- Constant lying
- Dropping out of activities
- Needing money without explanation
- Mood Swings

Who can refer:

- ♦ Self
- ♦ Faculty / Staff
- ♦ Family
- ♦ Peers
- ♦ School discipline policy

How to refer:

1. Obtain a referral form from the office / online.
2. Complete as much information as possible.
3. Students can put the anonymous referrals in the SAP box which will be located in the second floor hallway Parents can mail the completed form to the school.

What happens after referral:

The SAP team will meet to collect initial data and contact the parent for permission for the student to become involved in the program. Once a parent/guardian signs the form, the team will begin to work with the student and keep in touch with the parent/guardian. There are several steps taken after permission is given. The team will gather specific information about the child’s performance in school from all school staff who have contact with the student. Together, the parent/guardian and SAP team will develop a plan of action to help the student achieve success in school. The plan may include working with the parent/guardian to refer the student to the appropriate community agencies. The team will provide the parent/guardian with the information; YOU, the parent/guardian make the choices. The team will

remain concerned and interested in your child’s success. Remember, you are a part of the team!!!

